



Daily Practice to Renew the Bodhisattva Vow

Request the buddhas, bodhisattvas, and great masters to grant their attention by reciting three times:

All you buddhas who dwell in the ten directions,
All you great bodhisattvas on the ten levels,
All you great gurus, the vajra-holders,
Turn your mind toward me, I pray!

Take refuge in the Three Jewels of the Mahāyāna with the supreme motivation of bodhicitta to benefit all beings by reciting three times:

Until I realize the heart of enlightenment,
I take refuge in the buddhas,
And likewise in the Dharma,
And the assembly of bodhisattvas

Renew your aspiration and action bodhicitta vow and your bodhisattva vow simultaneously by reciting three times:

Just as the buddhas of the past
Aroused bodhicitta
And established themselves by stages
In the training of a bodhisattva.

Just so, for the benefit of beings,
I will arouse bodhicitta
And likewise I will train
Progressively in those practices.

Cultivate joy for oneself by reciting one time:

Today my life has become meaningful;
Having well obtained this human existence,
I've been born in the family of the Buddha
And now am one of Buddha's children.

Thus whatever actions I do from now on
Must be actions befitting my family.
Never shall I do anything to disgrace
This faultless, noble family!

Just like a blind person
Discovering a priceless jewel in a heap of trash,
So, through some fortunate coincidence,
Bodhicitta has been born within me.

Cultivate joy for others by reciting one time:

Today in the presence of all the protectors,
I invite all beings to the state of enlightenment.
At the feast of temporal and ultimate bliss:
May the guests—gods, demigods, and others—rejoice!

Recite the aspiration and dedication prayers one time:

May supreme, precious bodhicitta
Take birth where it has not arisen.
Where it has arisen, may it never wane
But continue to grow forevermore!

May all beings not be separated from bodhicitta,
But always be inclined to enlightened action.
May they be cared for by the buddhas, and
May they abandon harmful action.

May the bodhisattvas' good wishes
For benefiting beings be fulfilled.
Whatever the protectors have intended for them,
May all beings receive it.

May all beings be happy,
May all the lower realms be forever empty.
May the aspirations of all the bodhisattvas
Of the various bhūmis be fulfilled!

*Arranged by Khenpo Sherab Sangpo based on Patrül Rinpoché's *The Brightly Shining Sun*, a step-by-step guide to meditating on Śāntideva's *Bodhicaryāvatāra*, and *The Ritual for the Bodhisattva Vow* arranged according to the tradition of Patrül Rinpoché.*