



Prayer of Joyful Relationships

May all beings have happiness and increase their peace of mind.
May all beings let their love flow throughout the entire universe.
May all beings find contentment within their relationships.
May all beings be free from suffering loneliness and be filled with joy.

May I be a luminous light for those who have lost their way in darkness.
May I be a source of love and peace for all relationships encountering difficulty.
May I be an excellent bridge for those who need a connection.
May I be a best friend for those who need companionship.

May all beings' relationships progress peacefully; may their friendship flourish continually.
May all beings' relationships grow harmoniously; may their love bloom unconditionally.
If I have hurt anyone, knowingly or unknowingly, I ask for their forgiveness.
If anyone has hurt me, knowingly or unknowingly, I extend my forgiveness.

Let us pray for harmony in the Sangha and work together with unity and love.
Let us extend that harmony throughout the world and share all our blessings.
Let us dedicate ourselves to the well-being of others and live together as brothers and sisters.
Let us attain enlightenment together in this very life and dispel the suffering of the world.

oṃ śānti śānti mahāśānti svāhā

This prayer was written by Khenpo Sherab Sangpo and given to his students on March 24, 2018.