Khenpo Sherab Sangpo’s personal ngöndro practice booklet—From the Profound and Secret Heart Essence of the Dakinis—The Chariot of Liberation—Instructions on the Preliminary Practices.

Guru Rinpoche—with Mandāravī on his right and Yeshe Tsogyal on his left—in the form of Nangsi Zilnön, Glorious Subjugator of All Appearances and Existence.

Dudjom Lingpa (1835-1904), a great Nyingma master and tertön, revealed this ngöndro as part of his Zabsang Khandro Nyintāk cycle of termas in Eastern Tibet in 1862.

Khenpo Sherab Sangpo received the transmission for this ngöndro from the great Dzogchen master Khangsar Tenpé Wangchuk (1938-2014) in 2013.
The Dzogchen master said that accomplishing this ngöndro was the cause for him to recognize the nature of mind.

Khangsar Tenpé Wangchuk practiced ten different ngöndro liturgies during his lifetime.

Due to its powerful blessings, Khangsar Tenpé Wangchuk advised Khenpo Sherab Sangpo and his students to practice The Chariot of Liberation.
Visualize the field of merit [tsok shying] as the powerful support for the two accumulations of merit and wisdom when you do prostrations, recite prayers or mantras, make offerings, or wish to receive the blessings of the lineage gurus.
The Chariot of Liberation—page 7.

The Chariot of Liberation—page 8.

The Chariot of Liberation—page 9.
The wheel of life [sīpa khorlo] depicts the cycle of conditioned existence—the three poisons, the six realms, the twelve links—and the Buddha pointing towards liberation from samsāra.

Visualize the accumulation field [skyabs 'gro'i tshogs zhing] when you take refuge and generate bodhicitta.
Visualize the guru as Vajrasattva [Dorje Sempa] and Vajratöpa [Dorje Nyema] in union to purify all obscurations to recognizing the nature of mind.

The Chariot of Liberation—page 14.

The Chariot of Liberation—page 16.

The Chariot of Liberation—page 17.
Visualize yourself as the wisdom dākini Khachö Wangmo to connect with the blessings of Guru Yoga, to receive the four empowerments, and to recognize the nature of mind.

Guru Rinpoche and his retinue’s palace—Infinite Lotus Light of Great Bliss on the peak of The Copper-Colored Mountain of Glory on Chamara Island.

The Chariot of Liberation—page 20.
The Chariot of Liberation—page 22.

The Chariot of Liberation—page 23.

The Chariot of Liberation—page 24.

The Chariot of Liberation—page 25.
Visualize the field of merit to receive the gurus’ blessings when you recite the lineage prayer [bgyud pa smon lam].

From a brilliant white OM syllable at the guru's forehead, white light streams out like a shooting star.

From a brilliant red AH syllable at the guru's throat, red light streams out like a flash of lightning.
From a brilliant dark blue HUNG syllable in the guru’s heart, dark blue light streams out like a mass of clouds.

The Chariot of Liberation—page 34.

Again, a five-colored sphere—the essence of the non-conceptual enlightened mind of my guru—enters my heart, purifying the two obscurations and all habitual patterns.

The Chariot of Liberation—page 36.
Dedication Prayers—page 42.

Dedication Prayers—page 43.

Dedication Prayers—page 44.

Dedication Prayers—page 45.