Rimé Foundation

Sublime Path
To Enlightenment
A Concise Preliminary Practice

Composed by Jamyang Khyentse Wangpo

Translated by Cortland Dahl
Concise Preliminary Practice

**REFUGE AND BODHICITTA**

**NAMO**
I and all beings go for refuge
To the Three Roots ’til enlightenment is won.
To attain enlightenment for the benefit of others
I cultivate bodhicitta—aspiration, application, and ultimate.

**VAJRASATTVA**

**AH**
Upon a lotus and moon-disc on the crown of my head
Sits guru Vajrasattva and his spiritual partner.
A stream of nectar descends from the mantra in his heart,
Purifying illness, malevolent forces, misdeeds, and obscurations.

*Then recite the hundred syllables:*

```
OM VAJRA SASAYAM ANUPALAYA VAJRA TVENO PATISHTA DRIDHO ME BHAVA SUTOSHYO ME BHAVA SUPOSHTO ME BHAVA ANURAKTO ME BHAVA SARVASIDHIM ME PRAYACHA SARVAKARMA SU CHA ME CHITTAM SHREYAH KURU HUM HA HA HA HO BHAGAVAN SARVA TATAGATA VAJRA MA ME MUNCHA VAJRA BHAVA MAHASAMAYASATTVA AH
```

Vajrasattva melts into light and dissolves into me.
MANDALA OFFERING

Pure realms of the three kayas, wealth,
Clouds of outer, inner, and secret offerings
I offer to the Three Jewels and Three Roots.
Accepting them, bestow supreme and ordinary siddhis!

OM AH HUM GURU DEVA DAKINI SAPARIVARA RATNA MANDALA PUJA
MEGHA AH HUM

GURU YOGA

In the space before me, in an expanse of rainbow light,
Is Tötreng Tsel, embodiment of all sources of refuge;
My root guru, surrounded by a virtual ocean
Of vidyadharas from the three lineages.

Devote yourself to the Seven-Line Supplication and the approach Vajra Guru Mantra.

HUM

In the northwest of the land of Oddiyana,
In the center of a blooming lotus flower,
Is the one with supreme, wondrous siddhi:
The renowned Lotus-Born Padmakara,
Surrounded by a vast retinue of dakinis.
Following in your footsteps, I pray:
Please come and bestow your blessings!

OM AH HUM VAJRA GURU PADMA SIDDHI HUM

Conclude with the following stanza:

From the light of the seed syllables at the three places
I attain blessings, empowerment, and siddhis.
The guru melts into light and dissolves into me.
Inseparable and uncontrived, I rest at ease.

And then dedicate the merit.