
Rimé Foundation

Daily Prayers & Practices

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RIMÉ FOUNDATION PUBLICATIONS

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FIRST EDITION, MARCH 2007

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Opening Prayers

MULTIPLICATION MANTRA

OM SAMBARA SAMBARA VIMANA SARA MAHAJAMBA HUM PET
SVAHA (3x)

PRAYER OF REFUGE AND BODHICITTA

In the Buddha, Dharma and Supreme Assembly,
I take refuge until enlightenment is achieved.
May the merit of my generosity and other virtuous acts
Lead to buddhahood for the welfare of all beings! (3x)

SEVEN LINE SUPPLICATION

HUM
In the northwest of the land of Oddiyana,
In the center of a blooming lotus flower,
Is the one with supreme, wondrous siddhi:
The renowned Lotus-Born Padmakara,
Surrounded by a vast retinue of dakinis.
Following in your footsteps, I pray:
Please come and bestow your blessings!
GURU PADMA SIDDHI HUM

Eight Noble Auspicious Ones

PRAYER TO THE EIGHT NOBLE AUSPICIOUS ONES

If this prayer is recited once at the outset of any activity, it will work out just as one wishes. Hence, by all means it should be kept in mind.

OM

To the Buddha, Dharma and noble assembly of the Sangha
That dwell in the auspicious realms of the ten directions,
Where all apparent existence is pure, its nature
spontaneously perfect,
To you I pay homage: May all be auspicious for us!

King of the Lamp, Mighty and Stable One Whose Wisdom
Accomplishes All Aims,
Glorious Adornment of Love, Sacred Glorious One With
Renowned Virtue,
Greatly Renowned One Who Knows All,
Renowned Glorious One with Might and Mountain-like
Grandeur,
Renowned Glorious One Who Cares for All Sentient
Beings,
Renowned Glorious One Whose Great Might Satisfies the
Mind:
Merely hearing your names causes auspiciousness and
glory to grow!
I pay homage to the Eight Sugatas!

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To youthful Manjushri and glorious Vajrapani,
Powerful Avalokiteshvara, glorious protector Maitreya,
Kshitigarbha and Nivarana Vishkambin,
To Akashagarbha, and supremely noble Samantabhadra:
To those supremely auspicious and glorious,
Holding their symbolic implements: the utpala, vajra
White lotus, naga tree, jewel, moon, sword and sun:
I pay homage to the Eight Bodhisattvas!

To those with the eight supremely precious emblems:
The precious, supreme parasol, golden auspicious fish,
Sublime wish fulfilling vase, enchanting kamala flower,
Conch of fame and praise, glorious knot of prosperity,
Eternal victory banner and wheel of dominion;
To the Goddess of Grace and others who delight and
make offerings to the buddhas
Throughout all directions and times; recalling your
essence brings prosperity!
I pay homage to the Eight Auspicious Goddesses!

Great Brahma, Shambhu, Narayana, Sahasrajna,
Dhriti Rashtra, Lord of Nagas Virupaksha,
Virudhaka and Vaishravana;
With your divine implements: the wheel, trident,
Lance, vajra, vina, sword, stupa and victory banner:

Eight Noble Auspicious Ones

To you who cause virtue, goodness, and auspiciousness
To flourish throughout the three realms:
I pay homage to the Eight Guardians of the Universe!

As we now set out to begin our work,
May all dangers and hostile forces be pacified!
May our plans meet with success, may prosperity flourish,
And may good fortune and happiness reign!

The supreme Victorious One himself stated that if this prayer is recited upon waking, all that one sets out to accomplish that day will meet with success. When recited before going to sleep, one will have good dreams. If it is recited when entering conflict, total victory will be had. If recited when initiating a new project, one's plans will succeed. When recited on a regular basis, one will enjoy a long life, prosperity, renown, wealth, abundant happiness and success in all one sets out to accomplish. All negativity and obscurations will be purified and one will achieve all the objectives of the higher realms and definite goodness.

This great garland of jewels arose from the ocean-like mind of Jampal Gyephey Dorje on Sunday, the third day of the fifth month of the Fire Monkey year (1896), an astrologically auspicious time in which the constellation of the Victorious One was dominant. Mangalam!

Cloud of Blessings

THE GREAT CLOUD OF BLESSINGS

A Prayer that Magnetizes All that Appears and Exists

OM AH HUM HRI

In the magnetizing fortress, blazing with great bliss,
Dwell the forms of discerning wisdom, kayas of bliss
emptiness.

Free of attachment and blissful, from lotuses they arise:
The glory of the great illumination of the vajra sun,
Dharmakaya Amitabha, Vajradharma,
Lord of the world Avalokiteshvara, the very embodiment
of compassion,

Padma Raja, with dominion over all samsara and nirvana,
Mighty heruka, overwhelming all that appears and exists,
Secret Wisdom Guhya Jnana and Vajravarahi,
Treasury of Great Bliss, King of Passion, Ecstasy Supreme,
Captivator of the minds of every living being, Kurukulle,
Masters of supreme and common mudras, dance of
emptiness bliss,

Hosts of vajra dakas and dakinis that magnetize:

As you dwell within the great equality of appearance
emptiness,

The dance of your vajra kayas shakes the three planes of
existence.

The sound of your unobstructed laughter summons the
three realms,

And your red light fills the entirety of samsara and
nirvana.

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The vital essence of existence and peace you move and
gather in,
And with the great vajra passion of your wisdom mind
You bestow the supreme of all we desire, the two forms
of siddhi.
You bind together all that appears and exists
In great bliss, with great vajra hooks and lassoes.
Oh dancers in this limitless web of illusion,
Host of magnetizing deities, infinite Three Roots,
Now present before me, massed together like an
outpouring of seeds,
I humbly pray to you: please grant me your blessings!
Bestow siddhi upon me, common and supreme,
And the power to magnetize all I desire without
obstruction!

*This prayer was written on the first day of the seventh month
of the Earth Hare year by the one named Dhih. Have no doubt
that whoever recites this prayer will be successful in whatever
magnetizing activities he or she sets out to accomplish. This
prayer may be written on red flags and set out to flutter in the
wind or used in prayer wheels powered by heat or wind.
Mangalam!*

Prayers to Padmasambhava & Tara

SUPPLICATION TO PADMASAMBHAVA

Precious master of Uddiyana, to you I pray:
May obstacles and adverse circumstances not occur!
May circumstances be favourable and our wishes come
true!
Bestow the siddhis upon us, both common and supreme!

PRAYER TO DISPEL OBSTACLES FROM THE PATH

Buddhas of the three times, Guru Rinpoche,
Lord of all siddhis, Mahasukha,
Remover of all obstacles, Dudul Trakpo Tsel,
To you I pray: please bestow your blessings.
Please pacify outer, inner, and secret obstacles!
Make all our wishes spontaneously come true!

PRAYER TO THE SAVIORESS TARA

E MA HO

In the naturally manifest Realm of Turquoise Petals,
Dwells the noble savior, compassionate Jetsun Tara.
To you, Tara, I pray: Fill my mind with your blessings!
Free us from the turmoil of the eight things we fear!

Heart Sutra

THE ESSENCE OF THE PERFECTION OF KNOWLEDGE

In Sanskrit: bhagavati prajnaparamita hridaya

In Tibetan: chom den day ma shey rap kyee pa rol tu
chin pey nying po

Thus, have I heard: At one time, the Bhagavan dwelt in Rajagriha at Vulture Peak Mountain, together with a great sangha of fully ordained monks and a great sangha of bodhisattvas. As the Bhagavan settled into an absorption on the categories of phenomena called “illumination of the profound,” noble Avalokiteshvara, the bodhisattva mahasattva, beheld the practice of the profound perfection of knowledge and saw the five aggregates to be empty of nature.

Then, through the power of the Buddha, venerable Shariputra addressed noble Avalokiteshvara, the bodhisattva mahasattva: “How should a son or daughter of noble family who wishes to practice the profound perfection of knowledge train?”

In response, noble Avalokiteshvara, the bodhisattva mahasattva, said to venerable Shariputra, “O Shariputra, a son or daughter of noble family who wishes to practice the profound perfection of knowledge should see clearly in this way: correctly observing that the five aggregates are empty of nature.

“Form is empty; emptiness also is form. There is no emptiness aside from form and no form aside from emptiness. Just so, sensation, perception, formation, and consciousness are emptiness.

“O Shariputra, all dharmas are emptiness in just this way. There are no characteristics. There is no birth and no cessation. There is neither impurity nor absence of impurity. There is no increase and no decline.

“O Shariputra, since this is the case, in emptiness there is no form, no sensation, no perception, no formation, and no consciousness; no eyes, no ears, no nose, no tongue, no body, and no mind; no forms, no sounds, no smells, no tastes, no touch, and no phenomena; no eye element to no mind element, up to no mind consciousness element; no ignorance and no end of ignorance, up to no old age and death and no end of old age and death. In the same way, there is no suffering, no source of suffering, no cessation of suffering, and no path; no wisdom, no attainment and no non- attainment.

“Therefore, Shariputra, since bodhisattvas have nothing to attain, they rely upon and dwell in the perfection of knowledge. Since their minds’ are unobscured, they have no fear. Transcending all forms of misconception, they reach nirvana. All the buddhas throughout the three times as well rely upon the perfection of knowledge, and in so doing become perfect buddhas, actualizing unsurpassed, true, complete enlightenment.

Heart Sutra

“Therefore, the mantra of the perfection of knowledge, the mantra of great insight, the unsurpassed mantra, the mantra equal to that which has no equal, the mantra that completely pacifies all suffering should be known as truth, for it is not false.”

The perfection of knowledge mantra is spoken thus:

TEYATA OM GATÉ GATÉ PARAGATÉ PARASAMGATÉ BODHI SVAHA

“Shariputra, a bodhisattva mahasattva should practice the profound perfection of knowledge in this way.”

The Bhagavan then arose from his absorption and said to noble Avalokiteshvara, the bodhisattva mahasattva: “Good, good, O son of noble family! Thus it is, son of noble family, thus it is! The profound perfection of knowledge should be practiced just as you have taught. In this, all the tatagatas rejoice!”

When the Bhagavan said this, venerable Shariputra and noble Avalokiteshvara, the bodhisattva mahasattva, along with the entire retinue and the world with its gods, humans, demi-gods, and gandharvas rejoiced and praised the words of the Bhagavan.

This concludes the noble Essence of the Perfection of Knowledge.

If you wish to practice this sutra, visualize the Tatagata in the sky before you. He holds the mudra that subdues mara and is surrounded by the members of the Hinayana and Mahayana sanghas, including Avalokiteshvara and Shariputra, who are engaged in discussion. As you contemplate the nature of emptiness, recite this profound sutra as much as possible, up to seven times, and repeat the vidya mantra a suitable number of times as well. Once you have done so, recite the following lines to dispel negative forces:

I prostrate to the buddha.

I prostrate to the Dharma.

I prostrate to the sangha.

I prostrate to the Great Mother, the Perfection of Knowledge.

In times past, the king of gods, Indra, pondered the profound nature of the perfection of knowledge and chanted its liturgy. In this way, he dispelled all negative, harmful forces and other factors that create discord.

Just so, by pondering the profound nature of the Great Mother, the perfection of knowledge, and chanting this liturgy, may all negative, harmful forces and other factors that create discord be dispelled! May they disappear! May they be pacified! May they be thoroughly pacified!

Heart Sutra

Following that, recite:

That which arises interdependently

Does not cease and does not arise.

It is not nothing and not eternal.

It does not come and does not go.

It is not different and not the same.

To the one who teaches peace,

The pacification of all projections,

To the most sublime of all who speak:

To the perfect Buddha, I pay homage!

*Conclude by dedicating the merit, making aspirations, and
reciting auspicious prayers.*

Manjushri Prayer

IN PRAISE OF MANJUSHRI

Homage to the guru and protector Manjushri!

Your mind is free from the clouds of the two obscurations,
completely pure and luminous like the sun.

The text you hold at your heart shows that you see the
true nature of all there is.

You love like your only child all the masses of beings who
are tormented by suffering,

Enshrouded in the darkness of ignorance in the prison of
existence.

Your enlightened speech, melodious in sixty ways, roars
mightily like a dragon,

Waking them from the sleep of the afflictions and freeing
them from the chains of karma.

The sword you wield dispels the darkness of ignorance
and cuts all the sprouts of suffering.

Elder son of the Victorious One, you are primordially
pure.

You have traversed the ten levels and perfectly embody
all enlightened qualities.

Your form bedecked with 112 ornaments, you dispel the
darkness of my mind.

I pay homage to Manjushri!

Supplication to the victorious Longchenpa:

The perfect playful display of the self-manifest three kayas
Within fundamental space, the equality of all phenomena:
Stainless, primordial protector Longchenpa,
Trimey Oser, at your feet I pray!

Supplication to Ju Mipam:

The sublime knowledge of the Lion of Speech dawned in
your heart,
And you perfectly mastered the aspiration of
Samantabhadra,
Accomplishing the enlightened activities of the Victors
and their heirs—
Jampal Gyepey Dorje, joyful vajra of Manjushri, I pray to
you!

Manjushri Prayer

OM AH RA PA CHA NA DEE (7, 21, or 108 times)

Loving one, the light of your supreme wisdom
Completely dispels the darkness of my deluded mind.
Please bestow upon me the light of intelligent confidence
So I may understand the teachings, commentaries and
treatises.

May those who wish to study
Or do just a little inquiry
Unobstructedly behold you,
Gentle voiced protector Manjushri!

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ASPIRATION PRAYERS

Through the long lives and good health of our glorious
gurus
And the growing influence of the patrons of the Teachings,
May the dominion of the Dharma not wane, its jeweled
victory banner aloft,
And may the teachings of the Lake-born Buddha spread
and flourish!

In all my lives, may I not part from the true guru
And may I enjoy the richness of the Dharma.
Perfecting the qualities of the paths and levels,
May I swiftly attain the state of Vajradhara!

May supreme, precious bodhicitta
Take birth where it has not arisen.
Where it has arisen, may it never wane,
But continue to grow forever more!

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DEDICATION PRAYERS

As the courageous Manjushri understood,
And just like Samantabhadra as well,
I now dedicate all this virtue,
Following their example, one and all!

Since dedication has been praised as supreme
By all the victorious ones throughout the three times,
All of the fundamental virtues I have
I fully dedicate to practicing the sublime!

By this merit, may all attain omniscience
And defeat the enemy, wrong-doing.
From the stormy waves of birth, old age, sickness and death,
From the ocean of existence, may all beings be free!

By this virtue, may all beings complete
The collections of merit and wisdom
And attain the two sacred kayas
That arise from merit and wisdom!

Prayers For Special Occasions

PRAYERS TO REQUEST TEACHINGS

MANDALA OFFERING

The earth sprinkled with perfumed water and strewn
with flowers,
Crowned with Mount Meru, the four continents, the
sun and moon:
Envisioning this as a buddha realm, I make this offering
So all beings may experience this completely pure
realm!

SUPPLICATION TO TURN THE WHEEL OF THE DHARMA

In harmony with the different attitudes
And mindsets that sentient beings possess,
Please turn the Wheel of the Dharma
Of the Great, Lesser, and Common Vehicles.
